



### Western Lachine Pool weekly schedule 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>7h00 - 8h00</b>	<b>Masters Swim</b>						
<b>8h00-10h00</b>	<b>Swim Lessons (All levels)</b>				<b>Staff Training</b>	<b>CLOSED</b>	<b>ALPS Dive Team</b>
					<b>9H30 Aquafun Parent + Baby</b>	<b>9H30 Aquafit/ AquaZumba + Leaders</b>	
<b>10h00 - 10h45</b>	<b>Dive Team A :: Swim Team B</b>					<b>10h30 - 11h30 Swim Lessons (Preschool)</b>	
<b>10h45 - 11h30</b>	<b>Dive Team B :: Swim Team A</b>						
<b>11h30 - 12h30</b>	<b>Adult Swim</b>						
<b>12h30 - 13h30</b>	<b>Synchronized Swim Teams</b>					<b>Family Swim</b>	
<b>13h30 - 18h30</b>	<b>Free Swim</b>						
<b>18h30 -19h30</b>	<b>Adult Swim (1/2 pool) :: Free swim (1/2 pool)</b>	<b>Adult Swim (1/2 pool) :: Swim Lessons (Levels 1-5) (1/2 pool) :: Yoga (on the hill)</b>	<b>ALPS Swim Team If none: Adult Swim (1/2 pool) :: Free Swim (1/2 pool)</b>	<b>Adult Swim (1/2 pool) :: Swim Lessons (Levels 1-5) (1/2 pool)</b>	<b>Adult Swim (1/2 pool) :: Free swim (1/2 pool)</b>	<b>Adult Swim (1/2 pool) :: Free swim (1/2 pool)</b>	
<b>19h30 - 20h30</b>	<b>Free Swim</b>						
<b>20h30 - 21h00</b>	<b>Adult Swim</b>						
<b>21h00</b>	<b>CLOSED</b>						
	<b>Baby Pool is open during teams, evening swim lessons, free swims and adult swims</b>						